St Mary's Catholic Primary School

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16th March 2023 Term 1 Week 7

Our Vision

With Jesus Christ as our inspiration and guide, St Mary's Catholic Primary School Orange is a Professional Learning Community that works in collaboration with family, church and community to celebrate high levels of learning for all.

4th Sunday of Lent - John 9:1-9, 13-41



As Jesus went along, he saw a man who had been blind from birth. He spat on the ground, made a paste with the spittle, put this over the eyes of the blind man and said to him, 'Go and wash in the Pool of Siloam' (a name that means 'sent'). So the blind man went off and washed himself, and came away with his sight restored.

His neighbours and people who earlier had seen him begging said, 'Isn't this the man who used to sit and beg?' Some said, 'Yes, it is the same one.' Others said, 'No, he only looks like him.'

The man himself said, 'I am the man.'

They brought the man who had been blind to the Pharisees. It had been a sabbath day when Jesus made the paste and opened the man's eyes, so when the Pharisees asked him how he had come to see, he said, 'He put a paste on my eyes, and I washed, and I can see.'

God of the journey, your word is a lamp for our feet and guiding light for our path.

Open our minds, enlighten our hearts, that we may see your love's glow in all we meet, and even in the dark, we may trust your light to shine.

May your light bring us clarity of vision, peace of mind, and courage to act justly in our world. We ask this through your Son, Jesus Christ, who is the Light of the world.

Peer Support Training Day

Congratulations to our Year 6 students who completed their Peer Support Training today, Thursday 16 March 2023. .

The Peer Support training session involved students working through various activities centred around effective communication, assertiveness, empathy and decision-making. The students also facilitated their first practice session with their peers.

In Term 2, all Year 6 students will lead a small group of students from Kindergarten to Year 5 through eight sessions centred building relationships.















Sunday 19 March, 10am, St Mary's Church
Bring a symbol of your work on the land (e.g. fruit, veges,
seeds, wool, milk, tools). Meet in the Gathering Space before
Mass to process in with your symbol.

JOIN AS WE REMEMBER

HOLY WEEK 2023



TUESDAY 4 APRIL 2023 9:05 AM - ST MARY'S HALL



Christian Leadership Awards

Jovannah Jyothish
In recognition of
"Positive View on Life"

Lucy Zarella
In recognition of
"Hope & Resurrection

Yvette Edwards
in recognition of
"Community and Common Good"

Roger Day Gorham
in recognition of
"Community and Common Good"



From the Principal:





May the road rise up to meet you. May the wind be always at your back. An Irish Blessing

Dear parents and carers,

Every now and then it is good to reflect on what it is that makes a community, a strong community. In Catholic Education we talk about the importance of educating the whole child... that is attending to all aspects of a person's development. This includes time and care taken to develop a child's academic, physical, emotional, social and spiritual self. We hold that educating a child in a holistic way, is the very best foundation we can provide for them for their primary school years.

This term has been one to showcase the development of all of these things. Our weekly newsletter highlights the richness of opportunities the students have and experience. Today our Year 6 students enjoyed a leadership day to learn how to be strong mentors in the Peer Support Program that we run every year for 8 weeks, generally in Term Two. The Year 6 students will follow a program of skills development in relationships, empathy, respect and resilience building, working in small groups with students from Kindergarten to Year 5. We refer to this as vertical grouping and it provides a wonderful opportunity for students to develop a strong sense of community.

Meanwhile, today in the canteen, Sarah has been busy preparing some special treats for St Patrick's Day tomorrow. She does it with such a sense of fun. This is another way to support and build our sense of community and she does it so graciously. Thank you Sarah.

Wishing you a very Happy St Patrick's day and "may your blessings outnumber the shamrocks that grow."



NAPLAN 2023

This week students in Year 3 and Year 5 sat their NAPLAN Writing assessment. Year 3 & Year 5 were given a picture stimulus to write a Narrative.

Thank you students and families for coming so well prepared with fully charged chromebooks and earbuds or headphones.

Here is the timetable for the remainder of NAPLAN. If your child is away on the day of a NAPLAN assessment we can catch them up as long as it is in the NAPLAN timeframe 15-27th March.

NAPLAN timetable week 7 & 8 2023

Time	Wednesday 15th March (week 7)	Thursday 15th March (week 7)	Friday 17th March (week 7)	Monday 20th March (week 8)
9:30-11.10am/m orning session	Year 3 writing (paper)	Year 3 Reading	Year 3 Conventions of Language (Spelling and Grammar)	Year 3 Numeracy
	Year 5 Writing	Year 5 Reading	Year 5 Conventions of Language (Spelling and Grammar)	Year 5 Numeracy

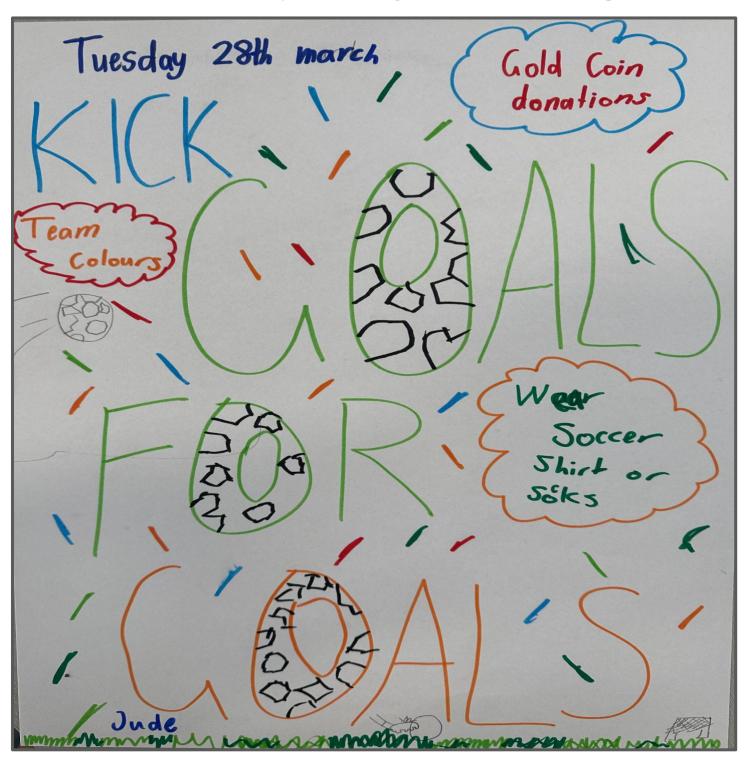
KICK GOALS FOR GOALS

The SRC have been busy planning ways to raise money to purchase some new soccer goals for our school.

They have decided that it would be lots of fun to bring a gold coin donation to school on Tuesday 28th March and wear a soccer shirt, socks or team colours with sports uniform to help promote this wonderful initiative.

Throughout the day, the children will have the opportunity to 'Kick goals for goals' with their class, play a game of soccer or learn some new soccer skills!!! We are very proud of the members of the SRC for organising this fabulous initiative. It is a wonderful example of how we promote student voice in our school!

We look forward to seeing you dressed in your sports uniform with your soccer shirts, socks or colours to help raise money for brand new soccer goals!!



MEDIA STATEMENT



10 March 2023

NAPLAN reporting to parents and carers - more and less.

Recent changes to the National Assessment Program – Literacy and Numeracy (NAPLAN) provide a useful next step in the evolution of the national testing of Australian students.

Catholic School Parents Australia (CSPA) deputy chair, Siobhan Allen notes that, "while CSPA respects that some individual Catholic schools and jurisdictions have varied opinions around NAPLAN, CSPA believes that maximum use should be made of student data from these national assessments".

"Moving NAPLAN to earlier in the year will present some initial challenges, however the new timing, together with the online adaptive design of the tests, should prove more useful for student learning," Siobhan said.

CSPA understands that such challenges as internet access continue for some schools, however acknowledges the support of ACARA, and all State and Territory authorities in helping these schools to work around such issues. CSPA also acknowledges the work of schools in setting up and administering NAPLAN, including their efforts to minimise anxiety for our children.

The use of less complicated descriptors for levels of individual student reports is welcomed by parents. *Exceeding, Strong* and *Developing* provide reasonable clarity of where a child is at, while *Needs additional support* will build the expectation in parents and carers of what's coming next for their child. It is CSPA's hope that this descriptor is a catalyst for action to improve learning for these students.

The ability for a parent/carer to partner with the school around the wellbeing and learning of their child is vital to not only the success of their child but also to the wellbeing of teachers. In previous NAPLAN reporting, a child's performance on specific criteria gave parents/carers the opportunity to engage more closely with their child's achievement with specific skills. CSPA feels that a return to this more detailed reporting on skills would be useful – especially if a child's report reads *Needs additional support*.

"CSPA looks forward to the potential learning support benefits from the new changes to NAPLAN," Siobhan concluded.

Up to date NAPLAN information for parents and carers can be found on the <u>ACARA website</u>.

CSPA is the national, peak body for the parents/carers of the 793,897 children and young people in Australia's 1,759 Catholic schools. One in every five Australian students is educated in a Catholic school. (Data from the National Catholic Education Commission, 2023).

TERM 1 WEEK 8



COUNTRY

EVENTS START FROM 9:15AM

MARCH 24

Years 2 -6 will be participating in the annual cross country carnival held at St Mary's Catholic Primary school. The order of events for the day is as follows:

- 1. 8/9 years and under boys
- 2. 8/9 years and under girls
 - 3. 10 years boys
 - 4. 10 years girls
 - 5. 11 years boys
 - 6. 11 years girls
 - 7. 12 years and over boys
 - 8. 12 years and over girls

Parents are invited to attend from 9:15am - 1pm. Please enter via the PCYC gate. Sit and cheer under the trees near the netball court.

1 BLUE CLASS NEWS

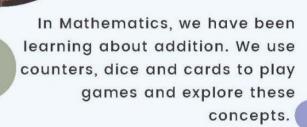
WE ARE HAVING SO MUCH FUN IN YEAR 1

We have had a wonderful start to the school year in 1 Blue.

In English, we are learning how to write narratives. We have written stories in pairs and individually. Sharing our writing is one of our favourite things to do!

In Reading Groups, we have been using the iPads. There are so many exciting stories to read on Bug Club and Get

Epic!



In Visual Arts, we are learning about Paul Klee. Inspired by his art, we have created our own interpretation of his works. We have used paint, crepe paper, oil pastels and markers to create our colourful pictures.

They look beautiful in our classroom! We also read 'Pig the Pug' by Aaron Blabey and we thought it was hilarious so we decided to draw Pig the Pug.

Can you spot him in our pictures?

We cannot wait to learn more this year!

Congratulations to all students who traveled to Bathurst recently to trial for the Bathurst Diocesan selections in AFL, soccer, netball, rugby league and hockey.

A special mention goes to the following students who have progressed to Polding level in their respective sports:

Macy Prevett, Connie Whittaker and Clancy Simmons (netball); Sebastian Felice (AFL); Seth Pulbrook and Cruz Carter (Rugby League).





Congratulations!



Clinical & Consultation Services

Now offering services to children, young people and families on a fee-for-service basis*.



Therapy and Assessment Services

- Anxiety and Depression
- Behavioural and emotional regulation difficulties
- Autism Spectrum Disorder
- Assessment and management of ADHD
- Developmental trauma
- Family conflict and mediation
- Assessment of cognitive/learning difficulties
- Professional Supervision

Our team of experienced clinicians include:

- Clinical Psychologists
- · Registered Psychologists
- Provisional Psychologists
- · Senior Practitioner
- Occupational Therapist

Through a foundation of clinical training, professional experience and continued professional development, our clinicians stay up to date with contemporary research and therapies.

1300 011 973 ferrals@veritashouse.org.au

ccsreferrals@veritashouse.org.au veritashouse.org.au







^{*}Medicare rebates may be available for eligible services.

School wide Positive Behaviour for Learning (SPB4L) St Mary's Orange - SCHOOL UNIVERSALS

As learners at St Mary's we are expected to:

BE SAFE BE RESPECTFUL BE RESPONSIBLE

The aim of SPB4L at St Mary's, is to actively teach and model positive behavioural expectations through consistent, reasonable and proactive strategies that will foster positive relationships with students, staff and parents.

BE SAFE We will keep our hands and feet to ourselves We will follow the rules of the game

BE RESPECTFUL We will use kind words We will follow teacher directions

BE RESPONSIBLE We will include others and play fairly We will engage in our learning

St Mary's SPB4L Behaviour Matrix **Engage In learning**



The Winning House this week : MacKillop

extra play after lunch on a day next week and they get the privilege of wearing a <u>plain</u> t-shirt in the colour of their house tomorrow.

Please can we ask that t-shirts have no logos or designs.



Playground Management Steps

*Be Safe

*Be Respectful

*Be Responsible

One verbal reminder per	Step 1	Verbal - Rule Reminder - Any breach		
break		- Remind		
- move to Step 2		- Redirect		
MINOR		- Reteach		
One Quiet Time session per	Step 2	Quiet Time - On Playground		
break		- Move to a designated area /walk with the teacher/community		
- move to Step 3	Sala Maria	service		
Recess = name on		- 5 minutes		
whiteboard		- At end of time - brief conference, rule reminder and return to		
MINOR		playground		
One Time Out session per	Step 3	Time Out - On Playground		
school day		- Move to a designated area or walk with the teacher		
-move to Step 4		- 10-15 minutes (age dependent)		
NAUNICIP	IME OUT	- At end of time - brief conference, rule reminder and return to		
MINOR		playground		
		- Incident recorded on Compass by teacher involved with -		
		Notify + Approval checked for Executive		
		- Email sent to parents by teacher informing them of the		
		behaviour breeches		
	If behaviour contin	nues after 'Time Out' - move to Step 4		

Ensure incident is recorded on Compass by teacher with Notify + Approval checked for Executive 3 Minor Compass breaches in any term = move to Step 4

Any Major breach begins on Step 4

MAJOR

Step 4



Time Out with an Executive

- The student attends a 'Thinking Time" session with Principal or **Assistant Principal**

Student completes a Reflection Sheet

- Student and Executive set goals for positive engagement on the playground
- Principal sends formal email to parents informing them of the continued behaviour breaches and goals set to promote positive behaviours

Executive completes Approval on Compass

- A meeting with parents, teacher and school executive may be arranged

Continued Behaviour Breaches

- Removal from lunch and/or recess
- Formal email/phone call from Principal to parents informing them of behaviour breaches, requesting immediate meeting - Contract to support the child's positive return to playground

Part/full suspension - In-school/at home



Classroom Management Steps

*Be Safe

*Be Respectful

*Be Responsible

any learning session - move to Step 2 MINOR		Verbal - Rule Reminder - Any breach - Remind - Redirect - Reteach
After Quiet Time Step 1 is repeated. After 1 Quiet Time move to Step 3 MINOR	Step 2	Quiet Time - Move to an alternate space within the classroom - 5 minutes - At end of time - brief conference, rule reminder and return to normal seating
One 'Time Out' session per school day -move to Step 4 MINOR	Step 3	Time Out - In a Buddy Classroom OR Time Out in Another Area - Student is sent to a designated Buddy Classroom OR Time Out from another activity OR in another area of the classroom/school (ie playground) - 10-15 minutes (age dependent) - If Buddy classroom is used - 'Classroom Behaviour Reflection Sheet' completed by student and teacher - Reflection sheet sent to parents via email - (optional) - Incident recorded on Compass by teacher + Notify + Approval checked for Executive - Student returns to class by polite request, followed by a brief 'conference' and rule reminder with class teacher - Ensure student is aware of the consequence for continued inappropriate behaviour - Class teacher may organise to speak with parents regarding student behaviour

Ensure incident is recorded on Compass by teacher with Notify + Approval checked for Executive 3 Minor Compass breaches in any term = move to Step 4

Any Major breach begins on Step 4



Time-Out with an Executive

- Student attends a 'Thinking Time' session with Principal or AP
- Student completes a Reflection Sheet
- Student and Executive set goals for positive engagement in the classroom
- Principal sends formal email to parents informing them of the continued behaviour breaches and goals set to promote positive behaviours

Executive completes Approval on Compass

- Meeting with parents, teacher and executive may be arranged

Continued Behaviour Breaches

- Removal from lunch and/or recess

- Removal from class for a session/day
- Formal email/phone call from Principal to parents informing them of behaviour breaches, requesting immediate meeting - Contract to support the child's return to class and positive engagement

Part/full suspension - In-school/at home





Kindergarten & Year 1 Sports Morning &

Kindy, Year 1 & Year 2 Easter Hat Making Friday 31st March 2023

10:00 am - 12:30 pm

Parents, carers and family members are warmly invited to attend the Kindergarten and Year 1 Sports morning on Friday 31st March 2023. The students will participate in their Sports Houses beginning with a March Past at 10:00 am on the Infant's playground. This will be followed by games and non-competitive running races.

Children are asked to wear their sports uniform, joggers, and school hat on this day. Please ensure your child also has a labeled drink bottle as well.

The Sports, morning will conclude at 11:10 am.
+++++++++++++++++++++++++++++++++++++++

If you would like to, we would love you to join us after the Sports, morning for a picnic with your child/children on the Infant's playground.

After the Picnic Morning Tea, parents, carers and family members are invited to come to the Kinder, Year 1 & 2 classrooms to make Easter Hats with their child. No need to bring in any materials as they will be provided. Time 11:40 am-12:30 pm.



School fee concessions for Health Care Card and Pensioner Concession Card Holders

The Catholic Education Diocese of Bathurst offer a fee concession to assist low income families experiencing financial hardship.

The new concession is available to eligible Health Care Card (HCC) or Pensioner Concession Card (PCC) holders in 2023.

Eligible families will receive a 30 per cent concession to reduce the Single School Fee and Capital Works Levy.

To be eligible, the parent or carer must hold an eligible and current card and be responsible for the payment of school fees. The HCC or PCC concession is applied after applying the sibling discount.

The parent or carer must also be willing to enter into a regular direct debit payment plan to pay the remaining fees by the end of the year. Should circumstances arise where additional fee relief is needed, the normal fee concession application process is available at your school.

Parent or carers may apply directly to the school for a HCC or PCC concession by completing a simple application form and providing their card with the appropriate code to the school. A small number of cards may not be eligible for the concession.

Bishop Michael McKenna strongly urges families to remember that no child will be denied a Catholic school education due to financial hardship.

If you are finding it difficult to pay your family's schools fees, please contact your school principal to access assistance.

Bathurst Diocesan Community Sport

Dear Parents,

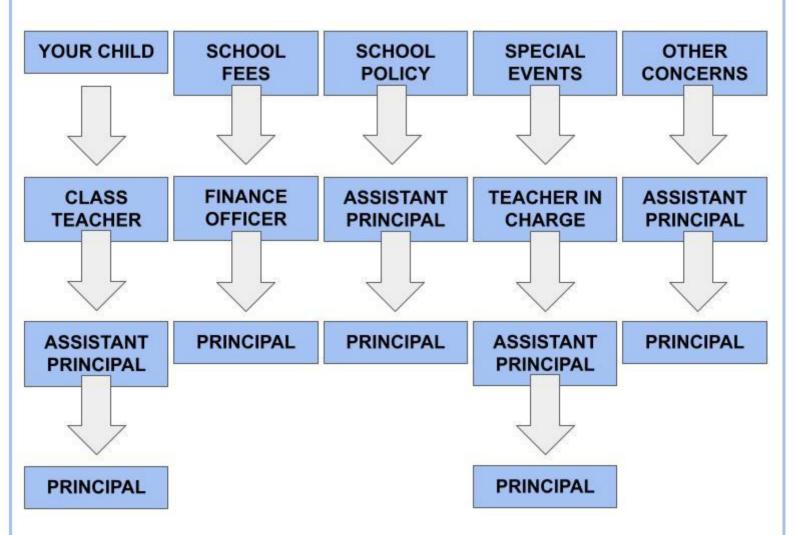
Keep up to date with sporting events and achievements across the Bathurst Diocese. Search CEBD community sport or use the following link.

https://sites.google.com/bth.catholic.edu.au/cedbsportcommunity/

CHART OF 1ST CONTACT FOR PARENT COMMUNICATION

WHO DO I TALK WITH?

PARENT / SCHOOL COMMUNICATION
DIRECTORY



PRINCIPAL: Gayle Stratton

ASSISTANT PRINCIPAL: Rachel Cranney

RELIGIOUS EDUCATION COORDINATOR: Nicole Connors

PRIMARY COORDINATOR: Sally Curran

FINANCE OFFICER: Nicole Downey

It is essential to ring and make an appointment with any of the personnel concerned. This will ensure full and undivided attention, 02 63627926

WHAT TO DO WHEN.....

Your child is absent from school

Parents have seven days to provide an explanation please enter into this into the Compass Portal

Your child is going to an appointment during school hours

Parents have to sign the child out of school on the Compass Portal in the front office. Office staff will arrange for your child to meet parents at the office. Parents are not permitted to enter the classroom. A Leave Pass will be issued to the parent taking the child to the appointment.

Your child arrives late to school

Parents are required to escort their child to the front office. Parents are to complete a Late to School Notice on the Compass Portal. The child takes the notice to the class. Parents are not permitted to enter the classroom.

All absenteeism are recorded on the Class Roll which is a legal and binding document. The Principal is only permitted to grant 15 days Leave per year per child. This does not include absenteeism due to sickness. Any child requiring more than 10 days' leave must apply for an exemption through the school office.

You would like to speak with your child teacher

Contact the office staff to request a meeting either face to face or on the phone with your child teacher, please note that meetings will generally be after 3pm . Counselling requests are organised through Mrs Belmonte.

You have Lost Property

Please label your children belongings clearly and to check the lost property cupboard located behind the admin building.

UNIFORM

Uniform expectations

The school uniform is a distinguishing symbol of belonging to St Mary's Catholic Primary School and it is expected that students wear it with pride at all times. The assistance of parents and staff is sought in maintaining a high standard of dress and presentation by all students.

Students not wearing the correct or incomplete uniform are required to provide a note from a parent or carer giving reasons why and letting us know when the uniform will be corrected.

If students continually choose to wear the incorrect uniform or ignore our dress code a parent meeting will be requested.

Uniforms	Summer	Winter		
Sport Uniform Girls and Boys	Navy polo shirt with school logo Navy shorts White socks Joggers	Navy polo shirt with school logo Navy track pants Navy Sports Jumper with logo White socks Joggers		
Regular Uniform Girls	Pink checked dress Navy Shorts White Shirt White socks Black shoes	Maroon tunic or trousers Maroon Jumper Fawn long-sleeve shirt School tie Knee-high fawn socks, or fawn tights Black shoes		
Regular Uniform Boys	School blue short-sleeve shirt Grey shorts Grey socks Black shoes	Maroon Jumper School blue long sleeve shirt Grey trousers and socks School tie Black shoes		

Hat – Navy bucket hat with school logo

Black shoes - leather, polishable, classic style, low heel - no black joggers

Socks - no sportlet or cutaway styles

Shorts - no cargo, corduroy, jeans type, Brand name or polycotton / cotton shorts

Trousers - grey poly / viscose serge trousers only

In addition to the uniform we ask that:

- Students maintain acceptable hairstyles. Extremes of hairstyle are not permitted, including rat's tails, mohawks, coloured hair and haircuts or undercuts less than a 'two 'and stripes etc shaved into their head. Hair gel is to be kept to a minimum. Hair that is collar length or longer is to be tied back with a maroon, brown or dark blue ribbon.
- No coloured tights with the girls dress
- Bracelets, bangles, necklaces or anklets are not worn, with the exception of a religious medal on a fine chain that may be tucked into the uniform.
- One small signet ring is worn.
- Nail polish is not worn.
- One set of earrings is permitted. Plain sleepers or plain studs only.

Students who wear inappropriate accessories will be asked to remove such items, take them to the office and collect them at the end of the day to take home.

Term 1 2023 Calendar Of events						
Wk	Monday	Tuesday	Wednesday	Thursda	ay	Friday
8	20/3 NAPLAN Mathematics	21/3 Harmony Day	22/3	23/3		24/3 Cross Country Yr2-6 @school
	Parent Teacher Interviews Year 1 only	Parent Teacher Interviews Year 1 only				Yr 3 Assembly-Parents welcome 12.30 pm
9	Parent Teacher Interviews K - Year 6	28/3 SRC Gold Coin fundraiser Wear soccer shirts, socks or their team colours with their sports uniform. Parent Teacher Interviews All grades except Year 5.	29/3 Athletics Carnival Years 2 -6 @ James Sheahan ALL DAY Parent Teacher Interviews Year 5 only	30/3 Polding Swimming- Homebush All Easter raffle tickets Due back.today		31/3 1500m final- track event @ Anzac Park —
10	3/4	4/4	5/4	6/4		12:30-Parents welcome
10	HOLY WEEK	Holy Week celebration in our school hall Parents welcome 9:05 am-9:30 am	PSSA Swimming	PSSA Swimming — Easter Raffle & Hat parade 2:15pm		GOOD FRIDAY School Holidays commence
Term 2 2023 Calendar of Events						
1	24/4 Staff Developmen Day - Pupil Free	25/4 ANZAC DAY Public Holiday	26/4 Return to school Winter Uniform	27/4		28/4 Athletic Ribbon Assembly 12:30pm in the Hall
2023 NSW School Term information						
Term 1 2023 Tuesday 31st January		2023 Finish		n Thurso	hursday 6th April 2023	
Term 2 2023 Wednesday 26th April (Monday 24 April is a l				nish 30th June 2023		
Term 3 2023 Tuesday 18th July 2023 (Monday 17th is a Pupi				September 2023		
Term 4 2023		Monday 9th October 2023			Finish 15th December 2023	

For your Information

2024 KINDERGARTEN ENROLMENTS

Time to apply now!

During Terms 1 & 2 we conduct many enrolment tours and we encourage families to complete and submit enrolment applications for 2024. Forms are available on our website or from the office. Please let your friends and neighbours know that now is the time to apply for enrolment.

SPORTS UNIFORM - Week 8

Kindergarten -THURSDAY/FRIDAY

Year One - FRIDAY

Year Two - FRIDAY

Year Three - FRIDAY

Year Four - FRIDAY

Year Five - FRIDAY

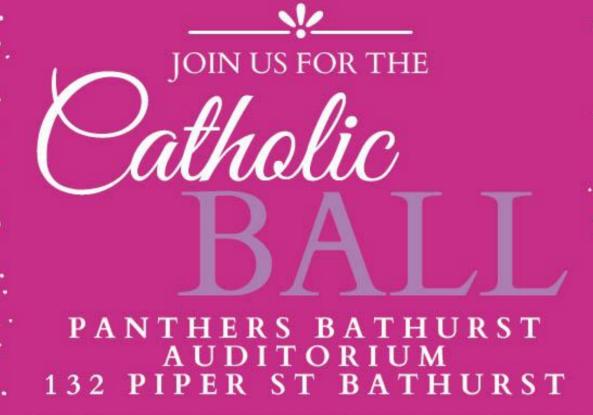
Year Six - FRIDAY

NO HAT NO PLAY

So Please remember to bring your Hat everyday to school in Term 1 & 4



Easter Raffle donations due by 31st March 2023.



 $_{6PM}$ $\begin{vmatrix} 03 \\ \text{JUNE} \end{vmatrix}$ 2023

ENTERTAINMENT BY MUD MONKEYS

TICKETS: \$95PP
ON SALE: WED 12 APRIL 2023
TO FRI 19 MAY 2023
FROM: CATHOLIC PRESBYTERY,
100 GEORGE ST
TABLES OF EIGHT, NO REFUNDS

FOR FURTHER INFORMATION: MARGARET GIBSON 0408 060 352 CATHY GRIFFIN 0402 099 598

PLEASE HELP US STAY WELL AT SCHOOL

HAND HYGIENE

Hand Hygiene is one very effective way to control the spread of infection and germs. Always wash your hands with soap and water, or using an alcohol based hand rub.

HEAD LICE

The child will need to be sent home immediately if head lice are detected.

Not excluded if effective treatment begins before the next day at the education or care service.

COLDS & FLU

Exclude until person is well.

Many viruses have similar symptoms, including gastro and COVID-19. If your child is unwell you must keep them home and get them to take a rapid antigen or PCR test to make sure they don't have COVID-19.

Gastro normally begins with vomiting. Children then develop frequent diarrhoea. Often children may have tummy pain and fever, some children may have a runny nose, or a sore throat (usually caused by vomiting or dehydration).

By excluding

ONE ill person,
you can protect many
other people from
becoming ill.

DIARRHOEA

Exclude until there has not been a loose bowel movement for 48 hours.

CONJUNCTIVITIS

Exclude until discharge from the eyes has stopped, unless a Doctor has diagnosed non-infectious Conjunctivitis

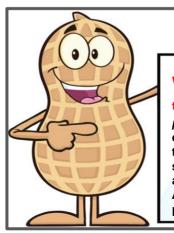
VOMITING

Exclude until there has been no vomiting for 48 hours

HAND FOOT & MOUTH DISEASE

Exclude until all blisters have dried.

Information from National Health & Medical Research Council



∞

We would like to remind you

that children are not

permitted to bring nuts or eggs to school in any form, to ensure the safety of students with allergies/anaphylaxis. Also students are not permitted to share food.



It's so easy!

- 1) Go to www.flexischools.com.au
- 2) Click "Register Now" to create account
 - 3) Top-up your balance
 - 4) Start ordering immediately

.How do I order my child's lunch?

Please download the Flexischools App
or sign in on your computer.
In order to search for
St Mary's Catholic Primary School - Orange,
please search the word "Orange" because there are many
St Mary's Schools.

Load your Flexischools account for regular lunch purchases.

How do I order my child's uniform?

Please order uniform through Flexischools. The uniform order will be packed on the Friday morning by Parent Volunteers and it will be sent home with your child Friday afternoon.

For second hand clothing, please place an order with the office staff and the Volunteers will do their best to fill the order and we only ask for a donation to the school.





CANTEEN OPEN TUESDAY - FRIDAY

Please use the IOU service on Flexischools, pay eftpos or cash at the office for any outstanding payments.

The Flexischools app outage last week put us all in a spin! The office has the full list of what is owed along with the notes sent home.



Week 7 - Friday 17th March
A touch of Green for St Patrick's day





CREAMY CHICKEN
PESTO PASTA



Week 8 - Thursday 23rd March

SUSHI SPECIAL 1 DAY ONLY

- · Teriyaki Chicken & Cucumber
- Cucumber

Freshly made in the canteen.
Orders will close on Tuesday 21st 8pm so we can make to order

Term 1 2023 Volunteer Calendar						
week	Monday	Tuesday	Wednesday	Thursday	Friday	
	13-Mar	14-Mar	15-Mar	16-Mar	17-Mar	
7	0. (c.			Lizzy	Mel B	
/					Lauren	
					St Pat's Day	
	20-Mar	21-Mar	22-Mar	23-Mar	24-Mar	
	·	Yvette	Mel S	Mel B	Kel	
8		Helen		Lizzy		
				Michaela		
				Sushi day		
	27-Mar	28-Mar	29-Mar	30-Mar	31-Mar	
9		Mel B		Lizzy		
9		Yvette				

GET IN TOUCH WITH ME VIA THE OFFICE TO BE PART OF THE CANTEEN CREW.



Snacks

available at recess for cash sales

Carrot Sticks (6) (GF, DF) cut everyday	20c
Rice Crackers (GF) 4 rice crackers	20c
Popcom (GF, DF) air popped at the canteen, plain	50c
Cheese & Crackers (GF) 4 rice crackers with 4 cheese squa	60c res
Jelly Cup (GF, DF) made onsite with 99% fruit juice	\$1

Custard Cup (GF) \$1 Jelly & Custard Cup (GF) \$1

Fruit Cup (GF, DF) diced seasonal fruit

Quelch Ice Block (GF, DF)

80c

\$1

Drinks

available at recess for cash sales

Bottled Water (GF, DF) Just Juice (GF, DF) \$2 Apple, Apple & Blackcurrant, or Paradise Punch

Plain Milk (GF) \$2 Big M Flavoured Milk \$3 (300ml) Strawberry or Chocolate (GF)

Salads

Tossed Garden Salad (GF) \$4 Seasonal salad full of colour, lettuce, tomato, cucumber, carrot, capsicum

Mayo, Italian or French dressing 30c

Salad Box (GF) Tiny toms, carrot, cheese, beetroot, pineapple ring & cucumber.

Salad Box with shaved ham \$5

Colourful & fun finger food

Salad Box with chicken \$5

Salad Cup (GF) Snack size salad box served in a cup

Made with fresh white rolls

Beef & Cheese Burger \$4.50 Beef patty, cheese and tomato sauce

Salad & Beef Burger \$5.50 Beef, cheese, lettuce, tomato, cucumber with Burger sauce

Chicken Burger \$4.50

Flame grilled chicken with lettuce Cheesy Chicken Burger

Flame grilled chicken with Cheese

\$4.50

\$4.50

\$4.50

Summer Salad Chicken Burger \$5.50 Flame grilled Chicken, cheese, lettuce, tomato, cucumber & Mayo

GLUTEN FREE BURGER OPTIONS AVAILBLE ONLINE

Hot Food

Pizza Scroll ham, cheese with a tomato pizza sauce

made in the canteen

Chickalicious Bombs (GF, DF) \$4 5 Chicken balls, made in the canteen Choose your sauce tomato or BBQ

Penne Bolognese (DF) canteen made beef bolognese served on penne pasta

Chooky Fried Rice (GF, DF) \$4.50 fried rice with chicken, ham and veg

Ham, Cheese & Salad Ham, cheese, tomato, lettuce, carrot, cucumber

Chicken & Salad Chicken, lettuce, carrot, cucumber, tomato Mayo optional

Salad lettuce, carrot, tomato, cucumber

Sandwiches

Made with fresh wholemeal Bread Gluten Free available (+ 50c)

\$2.50

Cheese \$3 Ham \$3.20 Ham & Cheese \$3.80 Chicken (Mayo optional) \$3.20 Chicken & Lettuce \$3.80

Vegemite or Jam

(Mavo optional)

Salad \$4.20 Lettuce, carrot, cucumber, tomato (Mayo optional)

Cheese & Salad \$4.80 Cheese, lettuce, carrot, cucumber, tomato (Mayo optional)

Ham & Salad \$5 Ham, lettuce, carrot, cucumber, tomato

Ham. Cheese & Salad \$5.20 Ham, Cheese, lettuce, carrot, cucumber, tomato (Mayo optional)

Chicken & Salad \$5 Chicken, lettuce, carrot, cucumber, tomato (Mayo optional)

Toasties

Made with fresh wholemeal Bread Gluten Free available (+ 50c)

Cheese \$3.50 Ham & Cheese \$4.20 Ham, Cheese & Tomato \$4.50 Chicken & Cheese \$4.20 (sauce optional)



All meals made by the canteen